

## **Effects of Teachers' Emotions in Teaching and Learning in the Foundation Phase**

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**ABSTRACT** A conducive environment coupled with positive emotions create a good platform for teaching and learning. This paper sought to describe the effects of teachers' emotions in learning and teaching in the Foundation Phase. This paper adopted a qualitative approach with a population of two primary schools and a purposive sample of six teachers. Data were collected through an open-ended questionnaire. Data were analysed and coded according to themes. It was found out that positive emotions made teaching effective. Negative emotions made teachers to lose control, shout, and become careless when talking. Teachers' negative emotions made learners humiliated, scared and ultimately withdrew from talking during learning. It was also found out that negative feelings, thoughts and actions encourage negative behaviour. It is recommended that teachers be trained through workshops and short courses on anger management during class time. Teachers should be competent in training learners on anger management.